

### **MEDICATIONS TO AVOID PRIOR TO YOUR SURGERY**

- All medications that you are currently taking should be discussed with Dr da Cruz prior to your surgery
- There are four groups of drugs which are very important to avoid prior to your operation. These are aspirin containing medications, medications containing clopidogrel, warfarin, and herbal medicines. These groups of drugs affect the ability of your blood to clot and thus increase the risk of bleeding during and after your operation
- Please make sure that you check this list carefully and avoid aspirin and clopidogrel for 10 days prior to your surgery. The use of warfarin around the time of surgery needs to be carefully discussed with Dr da Cruz and your GP.

#### **Aspirin containing medications**

Alka-Seltzer, Asasantin SR, Aspalgin, Aspro Clear Extra Strength, Aspro Preparations, Astrix 100, Astrix tablets, Bayer Aspirin Extra Strength, Cardiprin 100, Cartia, Codiphen, Codis, Codox, Codral Forte, DBL Aspirin, Disprin, Disprin Forte, Ecotrin, Solprin and Veganin

#### **Clopidogrel containing medications**

Plavix and Iscover

#### **Warfarin containing medications**

Coumadin, Jantoven, Marevan, Lawarin, Waran

#### **Herbal medicines with anticoagulant effects**

Garlic  
Gingko  
Ginseng